



Level 1 iRest Training Registration Form

Boise, Idaho
Feb. 21-26, 2017

\$1,395 (After 12/31, \$1,495)
With tuition, meals and lodging:
Single- \$1,768 (After 12/31, \$1,868)
Double- \$1,668 (After 12/31, \$1,768)
Couple- \$3,311 (After 12/31, \$3,411)
Commuter with Tuition and Meals:
\$1,518 (After 12/31, \$1,618)

Name _____

Address _____

City _____

State/Province _____

Postal Code _____

Email _____

Day Phone _____

Eve Phone _____

Emergency Contact _____

Amount Enclosed _____

Signature _____

Credit Card No. _____

Expiration date _____

CCV: _____ or AMEX Code: _____

Checks or money orders in US funds made
payable to:

Yoga for Wellness, LLC

Send registration & payment/cc info to:

Jeanne Dillion
2593 S. Wise
Way
Boise, ID
83716

208-345-7113 or
jeannedillion@yogaforwellnesspro.com

You can also register online at:
clients.mindbodyonline.com/classic/home?studioid=72636

Training Details

This training begins with dinner on Tuesday, Feb. 21
and ends with lunch on Sunday, Feb. 26.

Training suitable for: both personal and professional
practitioners. No experience necessary.

Training Includes: Comprehensive manual and Level I
Training audio download.

Training size: This retreat is limited to 35 people.

Retreat Location: Nazareth Retreat Center
4450 N. Five Mile Road
Boise, Idaho 83713

The Retreat Center is located on fifteen acres in the
Treasure Valley, on the western boundary of the city
of Boise. The rolling lawns, ample walkways, natural
environment, pond, rosary/rose garden and view of the
mountains all contribute to its peaceful, serene and
welcoming atmosphere.

Transportation: The Nazareth Retreat Center is
20 minutes from the Boise Airport.

Confirmation, directions, airport transport and packing
list will be sent via email upon registration receipt.

Sample Schedule:

6 am Optional Personal Practice
7 Breakfast
8 Morning Session
Noon Lunch and R&R
2 pm Afternoon Session
6 Dinner

CE's: Approximately 30 CE hours will be available
for YA, PSY, MFT, LCSW, and RN.

IRI Cancellation Policy: Refunds are available, less a \$200
fee until December 31, 2016. Due to retreat center
commitments, no refunds are available after that date, unless
we are able to fill your place.